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Newsletter**

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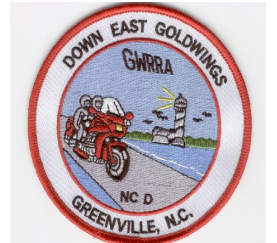
**ADDs East**

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**District Webpage**

www.gwrranc.org

This is the year for 20/20 vision  
Look for the good and have fun



# The Beacon

Since - 1988

## January 2020

***GWRRA Motto:***

Friends for Fun, Safety, and Knowledge  
Chapter NC-D Greenville, N.C.

***Chapter D Motto:***

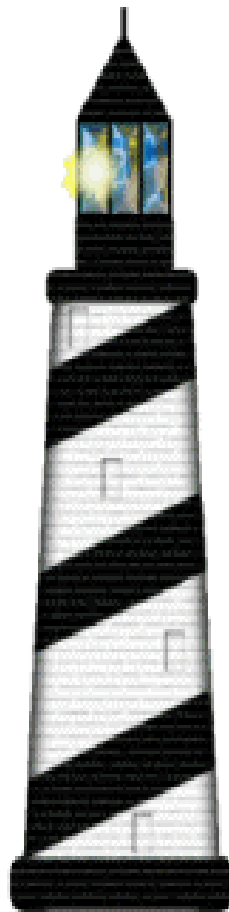
***Come to have fun and join in with whatever is going on***

**We meet the first  
Thursday night of  
each month at:  
Golden Corral Steak  
House  
504 SW Greenville Blvd.  
Greenville, N.C. 27858  
Phone: 252-756-4412**



Come try your luck  
at our guessing  
basket, box or bag  
whatever it's in

Everyone can  
participate in the  
word search in this  
newsletter



*Downeast Goldwings  
Chapter NC-D*

Gather at: 6:30 Meeting at 7:30 pm We always start our  
meeting with prayer. Door prizes are a part of our meeting,  
remember when you bring one make sure it's something that can  
be used by others

Webpage—[www.downtowncd.weebly.com](http://www.downtowncd.weebly.com)

### *Chat Time:*

It's a new year and we started it off with a BANG. We had a small crowd but a great meeting, and lots of fun. Kearney kept stealing my candy and sharing with everyone. That's what makes a meeting fun, knowing you can joke around. We did learn that people do recycle Christmas gifts. Was surprised that so many owned up to it. If you will recycle a dollar door prize why not a Christmas gift. I guess it goes with the old saying one man's trash is another man's treasure.

As we told you Lisa Drake is stepping down as our treasure she will be missed. She did an outstanding job. A BIG THANK YOU GOES TO LISA. Ronnie is going to be the new treasure and Tom our new ADD was there to give her the paper work and patches. She will do a great job if we can keep her home long enough to do it.

We might as well face the fact: people aren't riding as much as in the past. Why you might or might not ask, one is health reasons because we are getting up in age. Plus lots of other things going on in our life. The only thing we can say is ride when you can and if you let others know they might can ride with you. As we say 2, 3 or 4 wheels is fine.

Alice has ridden with me twice since her knee surgery and did great. It's good to have my riding partner back again. Just not the same without her behind me.

Each year we say we are going to ride more and visit more, 2019 was a good year for us as far as visiting other chapters not that much riding on the bike because of the heat. Maybe this year, our hearts are into it but the bodies is a different story.

Next event for us is the OPS meeting on January 25th, Glenn and Joy Kennedy as you know are our new District Directors so we will go to see what they have to say and hear their new ideas. Everyone needs to let them know that we got their backs all they have to do is ask.

We are sure that at this meeting we will get the Goldwing Tickets to sell for Wings Over Smokies, if you have a better idea on how to sell them please speak up. It takes a lot of members taking some and selling some. We will be selling them at the meeting as in the past. I know some don't like that idea but we do get them moving. When Ronnie and Gerald are selling them if you wish to buy but not be in the drawing just let them know they will be more than happy to sell you some straight out.

We had a few winners at the meeting: Pat and Frankie/ Sue Langley and Ronnie Wilson. I have never seen anyone that loves to win something like Pat Joyner and I don't care what it is she's happy.

Please remember we are under new leadership for the next 3 years and we all hope the best for them. As with a new job it takes time to figure it all out, no doubt that Glenn, Joy and Tom will get the hang of it. If you are called upon please do what is asked of you. No job is as easy as it looks.

Well, enough for now, off to a meeting tonight. Come go with us sometime.

### ***Streamline Your Daily Routine***

Everyday brings new challenges, but by following a few simple rules, you can meet those challenges with a minimum of stress and hassle. Once you establish better habits in your daily routine, you will experience a more enjoyable and healthy life! Here are a few tips:

1. Don't use the snooze Nobody likes leaving a comfortable bed, but drawing out the process of waking up just takes up more of your time without actually making you feel more rested or refreshed.
2. Leave a few spare minutes: Something unexpected will always happen, whether it is your keys disappearing or your child's shoe refusing to go on properly, Build in a small buffer of time-10 minutes is fine- will keep you from stressing over slight delays.
3. Do things while thinking of them: It's easy to assume that you will remember to do something, but there's no guarantee it will pop back into your mind at the right time. Even if it breaks up your routine slightly, do things when they occur to you

*Happiness is a choice, not a response*

## ***Please Read:***

### **Power strips and surge protectors are a necessity in many homes today.**

With smartphones, tablets, streaming media devices, and gaming consoles, we have a lot of toys to plug in. Don't forget about TVs, lamps, and other household items. All these items plugged into a power strip can put stress on it. Most people probably don't give much thought to how many devices are plugged in at any given time. Did you know that approximately 4,600 home fires start as a result of extension cord and power strip overuse each year? These fires account for 70 deaths and 230 injuries. The difference between them. While this may seem like common sense, it's important to understand they're slightly different. Have you ever gone to the store wanting to buy a surge protector and when you got home you realized you bought a simple power strip? A power strip and surge protector power strip look pretty much the same. They're both skinny, rectangular, plastic boxes with multiple outlets for you to plug in multiple devices. However, surge protectors:

### **May be a bit more expensive;**

May have additional lights near the power button which light up when plugged in; and Contain internal components which can prevent spikes and surges in power from destroying your devices. Always read the product description to make sure you're buying the right one. Even if it's more expensive a surge protector for all your household needs is the deal. This way you're not left guessing if your devices, TVs, computers, etc. are protected. One common misconception that people have that surge protectors provide protection against lightning strikes. Lightning strikes are simply too powerful. Surge protectors provide protection from current fluctuations that travel down your power line.

### **Here are some things you can do to keep your home and family safe.**

Never use power strips or surge protectors for high-power capacity items such as, space heaters, dehumidifiers, or other high capacity appliances. Plug them directly into a wall outlet. Don't connect multiple power strips together to increase the number of outlets available. However, you can temporarily plug an extension cord into a power strip. If you're using power strips or extension cords in multiple places in your home, consider hiring an electrician to install more outlets. This is a safer alternative because the wires in your wall are of higher quality.

### **Never use power strips or extension cords in a bathroom or on the kitchen counter top.**

Do the math. Try to determine what the power strip can handle by looking at its specifications on the package. The most important number is watts. The higher the number, the better. Add up the number of watts used by the devices you're plugging in. This number should not exceed the total number of watts specified on the package. If buying a surge protector, look at the suppressed voltage rating as well. A lower number will provide better protection against surges. If you're like me and don't like math, talk to someone at the store that understands them. **Don't just look at price.** Make sure you're buying the correct one for your household needs and that it's certified. Never try to prevent trip and fall hazards by covering cords up with a rug. Repeatedly stepping on them can cause cords to breakdown, which could lead to a fire.

### **Here are some ways to prevent or tell if your power strip is overloaded.**

Surge protectors are great because they provide several outlets. However, depending on what you're plugging in, not everyone should be used. Most things we plug in such as a phone, computer, or gaming console don't use much power. Items found in your kitchen such as a toaster, crockpot, or skillet would draw more power and could potentially cause issues. If the power strip or surge protectors feel hot, this is a good sign that you have too many things plugged in. Watch for burn marks or melted plastic. Before plugging in your next electronic device, look at what's going on with your power strip or surge protector.



This is what happen to the one behind our TV, at the time I thought I had purchased a good quality one. The one we replaced it with was listed as a surge protector and it was about \$40.00. Peace of mind is worth a lot.



**Since we didn't have a newsletter at our meeting in January, so let's not forget the January birthday's**

January 2020

Ada Britton 27  
Barbara Jones 29

Jackie & Shirley 18  
Dorman & Lisa Drake 22

February

Bobby Manning 16

Gene & Dee Donovan 18  
Tommy & Judy Upton 24

PC'S BIBLE VERSES Corner

Ephesians 4:1-7 (plus)

- A. As a prisoner for the Lord, then, I (Paul) urge you (the Faithful in Christ Jesus 1:1)
1. to live a life W \_ \_ \_ \_ of the calling you have received. (Through the Gospel)
  2. Be completely H \_ \_ \_ \_ and G \_ \_ \_ \_
  3. be P \_ \_ \_ \_ , bearing with one another in L \_ \_ \_ .
  4. Make every effort to keep the unity of the S \_ \_ \_ \_ through the bond of peace.
- B. There is:
1. one B \_ \_ \_
  2. one S \_ \_ \_ \_
  3. just as you were called to one H \_ \_ \_ when you were called;
  4. one L \_ \_ \_
  5. one F \_ \_ \_ \_ (Water baptism is of the faith)
  6. one B \_ \_ \_ \_ (Holy Spirit Baptism for believers Matthew 3:11, Acts 5:32.)
  7. one G \_ \_ \_ and F \_ \_ \_ \_ of all, is over all and through all and in all.

- Just a few special days in February
- **February 3.** Feed the Birds **Day**. ...
- **February 6.** Lamé Duck **Day**. ...
- **February 8.** Boy Scout **Day** - celebrates the birthday of scouting. ...
- **February 10.** Clean out Your Computer **Day** - second Monday of Month. ...
- **February 25.** 25 Mardi Gras / Fat Tuesday - date varies. ...
- **February 27.** Polar Bear **Day**.

STATISTIC THIS IS A FRIGHTENING STATISTIC , PROBABLY ONE OF THE MOST WORRISOME IN RECENT YEARS.

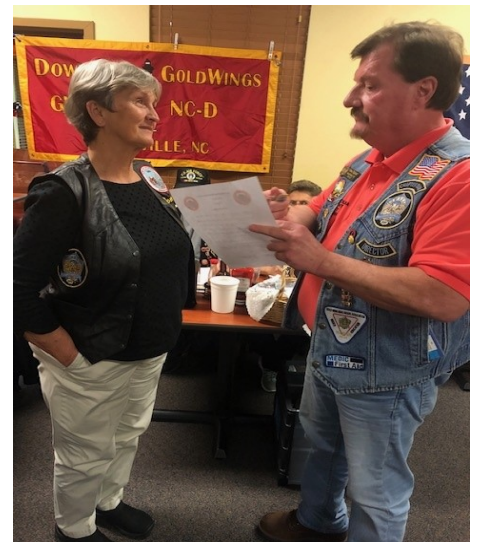
25% of the women in this country are on medication for mental illness. That's scary. It means 75% are running around untreated.

THE PHONE: A young man wanted to get his beautiful blonde wife something nice for their first wedding anniversary. So he decided to buy her a cell phone. He showed her the phone and explained to her all of its features. Meg was excited to receive the gift and simply adored her new phone. The next day Meg went shopping. Her phone rang and, to her astonishment, it was her husband on the other end. "Hi Meg," he said, "how do you like your new phone?" Meg replied, "I just love it! It's so small and your voice is clear as a bell, but there's one thing I don't understand though." "What's that, sweetie?" asked her husband. "How did you know I was at Wal-Mart?"

HE MUST PAY

Husband and wife had a tiff. Wife called up her mom and said, "He fought with me again, I am coming to live with you." Mom said, "No darling, he must pay for his mistake. I am coming to live with you.





Thanks to Jimmy for taking pictures for us:

Greetings from your ACD – COY,

"We" are no longer ACDs. Ronnie was asked to be the treasurer so now its ACD singular, but I'm sure we'll still have each other's back. We've been a team for a long, long time. Please remember, this Chapter cannot run with just a hand full of volunteers; it is important for us all to volunteer when needed in order to keep this Chapter active and fun for all! Please visit another Chapter this month to help support them as they support us.

We would like to tell everyone "Happy New Year". We sincerely hope you have good health this coming year. Rich or poor, you can't buy it. King or homeless, it makes no difference. We all need to count our blessings every day. Just to get out of bed each morning is something many take for granted and others wish for. Take care of yourself and your loved ones.

As Chapter D's COY, we're looking forward to a new year of riding, visiting, and fellowshiping with our GWRRA friends, old and new.

Oh! Thanks for asking; yes, we had a great Christmas!! All the family (about 15) came over for lunch and gift exchanging. It's fun to watch the grandkids open their presents. They get so excited waiting for the meal to get over so they can open their presents. After a long day "The Party's Over" and the tail lights go out of sight and we get to fall back in our recliners and relax before bed. In about eleven months we can do it all over again. We LOVE Christmas...we love all the Christmas Plays and the Cantata at our church and the opportunities we have to make other children have a Merry Christmas!

We are looking forward to seeing all of you soon. I guess it will be at the OPS meeting later this month. Until then, be kind to one another and do something special for someone. We can assure you, it will make you feel better than the one you do it for!!

Gerald and Ronnie

### **Just for laughs**

Those of us who spend much time in a doctor's office should appreciate this! Doesn't it seem more and more that physicians are running their practices like an assembly line? Here's what happened to Kevin:

Kevin walked into a doctor's office and the receptionist asked him what he had. Kevin said: 'Shingles.' So she wrote down his name, address, medical insurance number and told him to have a seat. Fifteen minutes later a nurse's aide came out and asked Kevin what he had....Kevin said, 'Shingles.' So she wrote down his height, weight, a complete medical history and told Kevin to wait in the examining room.. A half hour later a nurse came in and asked Kevin what he had. Kevin said, 'Shingles..' So the nurse gave Kevin a blood test, a blood pressure test, an electrocardiogram, and told Kevin to take off all his clothes and wait for the doctor. An hour later the doctor came in and found Kevin sitting patiently in the nude and asked Kevin what he had. Kevin said, 'Shingles.' The doctor asked, 'Where?' Kevin said, 'Outside on the truck. Where do you want me to unload 'em??'

A prospective husband in a book store "Do you have a book called 'Husband – the Master of the House?'"

Sales girl: "Sir, fiction and comics are on the 1st floor!"

Pharmacist to customer: "Sir, please understand, to buy an anti-depression pill you need a proper prescription ... Simply showing marriage certificate and wife's picture is not enough !

For MEN.....and WOMEN with a bit of humor ??

A man was granted two wishes by God. He asked for the best drink & the best woman ever. Next moment he got mineral water & Mother Teresa.

COOL MESSAGE BY A WIFE: Dear Mother-in-law, Don't teach me how to handle my children. I am living with one of yours and he needs a lot of improvement!?

When a married man says, I WILL THINK ABOUT IT - what he really means is that he doesn't know his wife's opinion yet.



Thanks Gene



# Fire Department



DELUGE GUN  
DISPATCH  
EMERGENCY  
ENGINEER  
ESCAPE

FIRE TRUCK  
FLAMES  
FLOODLIGHTS  
FOAM  
HAZARD

HEAT  
HELMET  
HOSE  
HYDRANT  
INFERNO

LADDER  
POLE  
SIREN  
SMOKE  
WATER

Your name: \_\_\_\_\_

Turn in to Gerald or Ronnie at meeting



# February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6 Meeting	7	8
9	10	11	12	13	14 	15 Chili Cook Off Smithfield  Chili Cook Off Ron Ayers
16 Bobby Manning	17	18 Gene & Dee Donovan	19	20	21	22
23	24 Tommy & Judy Upton	25	26	27	28	29