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Newsletter**

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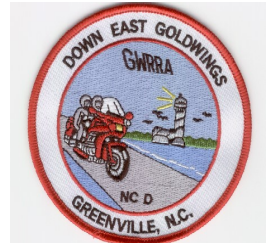
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Tom Tipton  
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**District Webpage**

www.gwrranc.org

This is the year for 20/20 vision  
Look for the good and have fun



# The Beacon

Since - 1988

## February 2020

***GWRRA Motto:***

Friends for Fun, Safety, and Knowledge  
Chapter NC-D Greenville, N.C.

***Chapter D Motto:***

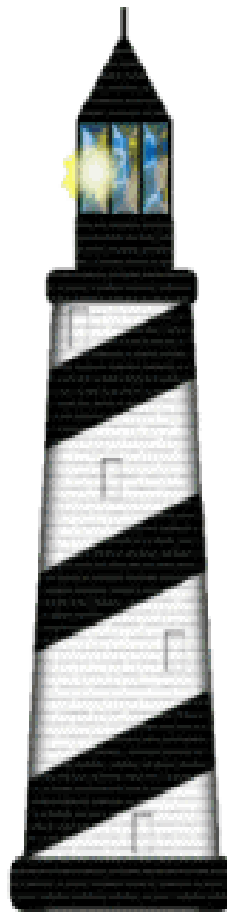
***Come to have fun and join in with whatever is going on***

**We meet the first  
Thursday night of  
each month at:  
Golden Corral Steak  
House  
504 SW Greenville Blvd.  
Greenville, N.C. 27858  
Phone: 252-756-4412**



Come try your luck  
at our guessing  
basket, box or bag  
whatever it's in

Everyone can  
participate in the  
word search in this  
newsletter



*Downeast Goldwings  
Chapter NC-D*

Gather at: 6:30 Meeting at 7:30 pm We always start our meeting with prayer. Door prizes are a part of our meeting, remember when you bring one make sure it's something that can be used by others

Webpage—[www.downtowncd.weebly.com](http://www.downtowncd.weebly.com)

## **A little Chat from Bobby**

Well, February meeting was small, rainy, stormy. What is it with the weather and the first Thursday night of the month? We're going to change the sunshine lady's name to Stormy Betty. You know it's o.k. a small group or big group if you go with the thought of having fun you will.

Our first chapter event that we attended was Elizabeth City, they were having a fundraiser for Ride for Kids, someone had donated a bike that they were selling chances on. They only sold 5,000 tickets and were sold out when we got there. They Elizabeth City chapter was selling hot dogs and drinks to help raise money. Chapter D had 6 members, Tommy Upton, Gerald Jones, Bobby & Alice, Gerald and Ronnie. This was a planned ride of C-2. If I know of another chapter ride I will forward it to you if you would be interested.

Then it was the Smithfield Chili Cook off, they had a great showing of Goldwingers. There were lots of door prizes, special door prizes, and a real AUCTION, it was good to see that happen again. By having a true auction the people that had made the items could feel good about the amount of money they brought in. You signed in by your arm band number so you didn't know who you were bidding against. Chapter D had Gerald & Ronnie, Bobby & Alice and Gerald Jones. Our hats off to Tom and the C-2 members for all the hard work they put into this event.

One of the main things was Betty and Alice had made a post, card, had flowers, a teddy bear, and a light burning dedicated to Vernon Dudley, Verna went she said that's what Vernon would have wanted her to do. I think she handled everything really good. She was surprised about the table and it meant so much to her that everyone cared. As I stood at the table getting people to sign the message board I heard a lot of sweet things said about him. Most of the women keep saying Vernon always smelled good. When presenting her with the items she kept saying that's for me. Yes Verna it was all for you. Vernon was known by so many. Alice and I known him for 30 years.

Glenn and Joy are out making their rounds, they are excited about being our District Director's, and have some new ideas coming our way. We all need to back them and give our support as much as we can. They have a lot to learn, so did all the District Directors. Everyone will not agree all the time on what's going on no matter who the DD's are. As you know Tom Tipton is our new ADD of the east. Tom is like the energized bunny. Go-Go, GWRRA is in good hands.

As all of you know each Chapter gets 1,000 tickets to sell for the Goldwing to be given at WOS. We will do our best to sell ours, but we do need help from each of you. If you would please take at least ten and sell them to your family members, most of you can get \$1 out of most of them. I am not a salesman but I do hit up my kin folks when I see them. We will be selling them in May at Ron Ayers open house and giving away lemonade, so mark your calendar and come out and help us with this.

On March 14th we will be at Ron Ayer's for his chili cook off. So far we have 4 members that plan to cook chili we would love to have some more. All of this money goes to the Ronald McDonald House we are more than happy to support Jimmy with the Ronald McDonald House is such a wonderful place, if you've never been there you should stop by and just take a look. Not only do they provide food at the house but also they have a room at the Children's Hospital that they supply family members with food or anything they need. All the money raised in Pitt County stays in Pitt County.

The next thing is; for 2 years we have done the Pizza Inn for our Fundraiser for the O'Berry Center. Before we put in for a date we need to know if we can get enough members to work. We're looking at May or June and it will have to be on a Tuesday night. Tuesday night is the only night that they let outside people do this. Please send us a e-mail letting us know if you will work.

Well, this is all I know for now. As always ride safe and help someone when you can Bobby

*Let us be thankful for fool's But for them the rest of us could not Succeed. Mark Twain*

## Greetings from your ACD, COY

I ran across this article and thought it had some good information for those of us who appear to be listening, but are only hearing because we are thinking about many other things while their wife may be talking to them. (Guess who found this article!!) I'm sure some of you can relate!

### **You're a Bad Listener: Here's How to Remember What People Say**

**We come into conversations with our own agendas and low attention spans, but if you want to build better relationships you need to master active listening.**

Listening is hard. We come into conversations with our own agendas and low attention spans, and that can be a dangerous combination. When you're doing the talking, though, it's frustrating if you're not being heard. You can build better relationships and get ahead in business if you learn how to actively listen, says Cash Nickerson, author of [\*The Samurai Listener\*](#).

"Listening helps you handle conflict, express respect and be a better leader," he says. "Unfortunately most people don't remember because they don't hear it in the first place."

Good listeners use skills that are similar to techniques used in martial arts, says Nickerson. "A good martial artist senses what someone will do next because they're receptive and aware," he says. "Those are all things that great leaders and successful business people tend to do. Most people succeed based on soft skills, and communication—especially listening—is key."

Listening involves being in the moment, which is connected to martial arts. "When you're present and in moment, things move in slow motion," says Nickerson. "You can take everything in. If you're present you'll remember everything."

Nickerson took the act of listening apart, identifying its parts with the acronym ARE U PRESENT:

- **Awareness:** Start with basic awareness. Get your face out of your phone, and stop thinking about what you're going to do later today.
- **Reception:** Be willing to receive new information. You may be present, but your mind can be closed. Let go of opinions, and be willing to drop your biases.
- **Engagement:** Being engaged involves back-and-forth fairness, like a Ping-Pong match. "I talk, you talk," says Nickerson.
- **Understanding:** Listen with the intention of interpreting what the other person is saying. Get into a place of understanding, where you're both speaking the same language, figuratively and literally.
- **Persistence:** Be willing to stay the course and not let your mind wander. If you get bored and tired, push through to maintain your attention.
- **Resolution:** Bring the conversation to a close with takeaways and next steps. "Leaders are doers," says Nickerson.
- **Emotions:** Respect the existence of emotions and their roles. "Emotions can work for you or against you," says Nickerson. "Recognize their roles and learn to discern them and their effect on your ability to hear others."
- **Senses:** Employ your other senses to help you remember. Look for body language clues or even potential bluffing in the other person.
- **Ego:** Try to take your ego out of the conversation. A humble leader can listen more easily because they don't correlate their ego with success.
- **Nerves:** Look for stress or tension; it can get in the way of being able to listen.

**Tempo:** Get in touch with the rhythm of the speaker. Being out of sync with their way of talking can make it hard to listen.

### **What Happens When You Listen**

Listening is the basis for growth and advancement, says Nickerson. "Imagine if you went to school and didn't pay attention to anything—how would you get better?" he asks. "Great leaders advance themselves; they're self-improvement machines. You can't advance your skills and knowledge without understanding others."

Listening is also important because all people want love and respect; they want to spend time with people who listen. "Good listeners tend to get advanced and promoted," says Nickerson. "There's no greater feeling than when someone listens. Not just pay attention but listened."

Recognize that listening isn't an on/off switch. "You could say, 'Okay, now I'm going to try really hard to listen,' but that's not enough," says Nickerson. "That's the most basic aspect of listening. Instead, strive to get the big picture and let go of your narrow focus. It's self-awareness—and a lot of biting your tongue."

I realize some of us may find this helpful and interesting, and other think they don't need this information, but whichever you are, I hope it was not too boring. I am getting ready to pass it to Gerald to make sure he reads it!!!

I asked him to read this and the next day I reminded him and his response was. **I DON'T REMEMBER YOU ASKING ME THAT, WHAT ARTICLE!!!**

Enjoy the warm days we are having in February,  
Gerald and Ronnie



*1st place winner at the  
Smithfield Chili Cook Off  
Pay Joyner—Chapter D-2*



*Table Dedicated to Vernon Dudley  
He was loved by many*

Upcoming Events:

**March 14th**—Ron Ayers Chili Cook Off—This event a fundraiser for the Ronald McDonald House, anyone interested in cooking a pot of chili and taken it to Ron Ayers that morning would be greatly appreciated. Chapter D has won for the past 2 years. Let's go for the 3rd one. How do you win? You go by and taste chili if you like it drop some money in the jar at that table. It's such a good cause.

**March 21st**- Swap Meet in Mebane- go to [www.gwrranc.org](http://www.gwrranc.org) and get you a flyer

**April 25th**—Blessing of the Bikes- Rocky Mount you also get your flyer on the website

Lots of events on the web-site

**Gene Donovan at work again:**

This morning, around 7:00 AM, I went for my stroll around the Lake. I noticed a man shouting "Allah be praised!" and "Death to all Infidels!", when suddenly he tripped and fell into the water. He was struggling to stay afloat because of all the explosives he was carrying. If he didn't get help he would surely drown! Being a responsible citizen, and abiding by the law of the land that requires you help those in distress, I contacted the Police, the Coast Guard, Homeland Security and even the Fire Department! It is now 11:00 AM, the terrorist has drowned, and none of the authorities have responded. I'm starting to think I just wasted four stamps.

**Marriage Humor** Wife:' What are you doing?' Husband: Nothing. Wife:' Nothing . . . ? You've been reading our marriage certificate for an hour.' Husband:' I was looking for the expiration date.'

A few days after his wife disappeared in a kayaking accident, a Bar Harbor man answered his door to find two grim-faced Harbor Master officers. "We're sorry Mr. Flynn, but we have some information about your wife,". "Tell me! Did you find her?!" Cedric Flynn asked. One officer said, "We have some bad news, some good news, and some really great news"! Fearing the worst, Mr. Flynn said, "Give me the bad news first." The officer said, "I'm sorry to tell you, sir, but this morning we found your wife's body in the bay." "Lord sufferin' Jesus!" exclaimed Flynn. What could possibly be the good news?" The officer continued, "When we pulled her up, she had 12 of the best looking Atlantic Lobsters that you have ever seen clinging to her. Haven't seen lobsters like that since the 60's, and we feel you are entitled to a share of the catch." Stunned, Mr. Flynn demanded, "If that's the good news, then what's the great news?" The officer replied, "We're gonna pull her up again tomorrow."

# Here Kitty, Kitty

N	O	S	E	H	A	F	C	N	G	A	R	X	T	E	I	S	T	C
E	O	H	R	E	C	O	E	N	R	E	N	O	L	P	Y	R	U	E
E	D	I	A	E	L	T	I	L	T	A	S	B	K	I	T	T	E	N
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I	C	W	N	W	F	M	A	S	H	T	L	A	E	T	S	J	W	T

- |          |          |            |          |            |
|----------|----------|------------|----------|------------|
| kitten   | Siamese  | chase      | predator | jump       |
| meow     | pet      | yarn       | feline   | hide       |
| fur      | cute     | string     | hunt     | sneak      |
| hairball | nose     | feathers   | purring  | stealth    |
| pounce   | tail     | litter box | playful  | quiet      |
| claws    | whiskers | scooper    | paws     | attention  |
| scratch  | sleep    | laser      | swipe    | nine lives |
| calico   | bowl     | pointer    | climb    |            |

## Secret Message

To decode the secret message, write the unused letters in the order in which they appear in the puzzle.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your name: \_\_\_\_\_





**1. Ride with people who know** how to ride and that you trust. This may sound like a no-brainer, but ask yourself how often have you ridden with someone who was intoxicated, showing off or didn't know how to handle their bike or the situation they were in? I ride alone a lot because there are only a few people in this world I would share a lane with. No amount of safety will save you from someone else more than this one.

**2. Be Seen.** Brown and black apparel is not our friend on the road. If you blend in, others cannot see you. Wear something bright, or safety neon apparel that is offered by many motorcycle companies. One of my favorite equipment pieces is a nylon mesh vest with neon reflective taping.

**3. Wear the right gloves.** My smaller hands have

a harder time maneuvering the clutch. This is important when you think about what elements affect your reactions in an emergency situation. I look for thinner leather gloves for better control...but then my fingers often get cold. Heated grips fixed that problem. In the summers, I dig out my old horse riding gloves, as they are a thinner leather and are reasonably priced. I love my Harley gauntlet gloves for cool weather riding.

**4. Never ride tired.** Never ride tired. And I mean NEVER! Stop every 75-125 miles. Every rider knows their tolerance. And we all seem to like to push it. Set your rule. Stop. Stretch. Refresh yourself and your brain.

**5. Always keep at least a 20-foot cushion** between you and fellow riders.

**6. When riding** in a group and there is oncoming traffic, be sure and let them know how many riders are behind you. If the oncoming rider or vehicle does not signal in kind, assume there are others and proceed with caution.

**7. Feather** your clutch on slower tighter turns. All clutch or no clutch leads to tipping your bike when making moves such as turning into a parking lot, making a u-turn, or following a group of slower-moving riders. By feathering your clutch, it allows you to have the perfect amount of momentum you need to make the turn.

**8. Use the** "outside, inside, outside" path of travel.

When riding in a curve, remember to start at the outside part of your lane, move to the inside part in the curve, then back to the outside. It straightens out the curve.

**9. Leave room for an escape route.** When I come to a signal and stop, I stay in gear and watch the traffic coming up behind me. I will always leave room for an escape route.

**10. Always look** where you want to go. If you are looking at a curb, you're most likely going to hit the curb. If your looking off the cliff you don't want to ride off of, you're bound to freak out and hit the brakes or go over the edge. If traffic suddenly stops and you're staring at the cars in front of you, you may become their new rear bumper. Instead, look for a clear spot, look through the turn, look where you want to go... it never fails and will keep you confident and up on two wheels.

**11. Ride your own ride.** If you're in a group and they're riding faster than you are comfortable with, hang back and go your own speed.

**12. Be wary of semi trucks.** I do not ride next to semi trucks, and when I go to pass make sure to get in the drivers mirror so he/she knows I'm there. I will go when I can pass quickly and safely. Large trucks cause wind turbulence and other drivers have trouble seeing a motorcycle around a large vehicle.



King Bake Pure  
Aluminum

What's the oldest thing you have in your kitchen? It's my pizza pan. I purchased this pan in 1968 I was working at Winn-Dixie at the time and as soon as we got engaged I started buying little items from the store We got married in 1969 and I started using this pan and have used it every since. The biscuits it's cooked, and lot's of other stuff. I was looking for it the other day and couldn't find it and I was about to panic out until Bobby looked and founded it for me. I can't imagine not having this pan. I know it looks bad but it's clean. It doesn't have any rust or holes. I'm sure I didn't give over a couple of dollars for it but the memories it has money can't buy. I guess this is what they call getting old the small things in your life mean a lot. I tell my daughter about stuff like this and I know she really doesn't care. And when I'm gone it will be gone, doesn't matter I won't need it any more. As of today it's still a prize to me. There's a story behind everything we own, just have to think about it.

Please share your oldest and dearest thing to you in our next newsletter.

Alice

## Did you know this about Ketchup?

It is a dynamic red concoction. At once savory and sweet, with just the right amount of puckering twang, it is slathered and squirted onto our favorite foods.

Even the most barren of refrigerators has a lingering bottle that clatters with the whoosh of an opened door. It is the hero of American condiments: ketchup.

In the U.S., 97 percent of households report having a bottle at the table. How did a simple sauce come to be so loved by America? It turns out ketchup's origins are anything but American. Ketchup comes from the Hokkien Chinese word, *kê-tsiap*, the name of a sauce derived from fermented fish. It is believed that traders brought fish sauce from Vietnam to southeastern China.

The British likely encountered ketchup in Southeast Asia, returned home, and tried to replicate the fermented dark sauce. This probably happened in the late 17th and early 18th centuries as evidenced by a recipe published in 1732 for "Ketchup in Paste," by Richard Bradley, which referenced "Bencoulin in the East-Indies" as its origin. (See "How a Food Becomes Famous.")

But this was certainly not the ketchup we would recognize today. Most British recipes called for ingredients like mushrooms, walnuts, oysters, or anchovies in an effort to reproduce the savory tastes first encountered in Asia. Mushroom ketchup was even a purported favorite of Jane Austen. These early ketchups were mostly thin and dark, and were often added to soups, sauces, meat and fish. At this point, ketchup lacked one important ingredient.

Ketchup was popular long before fresh tomatoes were. People were less hesitant to eat tomatoes as part of a highly processed product that had been cooked and infused with vinegar and spices. Tomato ketchup was sold locally by farmers. Jonas Yerkes is credited as the first American to sell tomato ketchup in a bottle.

Finally, in 1812, the first recipe for tomato-based ketchup debuted. James Mease, a Philadelphia scientist, is credited with developing the recipe. He wrote that the choicest ketchup came from "love apples," as tomatoes were then called. (Some believed tomatoes had aphrodisiac powers.)

The alternative spelling — catsup — popped up in a Jonathon Swift poem in 1730. ... Today, ketchup is the standard, while catsup is still used occasionally in the southern U.S. Today, most ketchup — or catsup — contains the same basic ingredients: tomatoes, vinegar, sugar, salt, allspice, cloves and cinnamon.

To this day, they still often refer to ketchup as "Tomato Ketchup" even though, truth to tell, there might be a few bottles of Mushroom Ketchup on the grocery store shelf, and 99 different brands of Tomato Ketchup.

How much of this did you know? Most of just enjoy it with our fries: Alice



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## **Remember that life is a blessing**

Most of us can complain for hours about the most mundane things— traffic, how hard we work, our weight— and yet few of us spend even a quarter of that time being thankful for what we have, which would include, when you come right down to it: traffic, how hard we work, and our weight— our very existence. When we take the time to be grateful for what we have, we dwell in peace— and possibility. Working from a place of love and appreciation gives us the proper energy to make changes in our lives—if we so desire. If you don't like the traffic, your work, or your weight, you can do something about it

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## **Accept yourself completely**

You must be able to accept yourself in order to accept the world around you. As neither good nor bad, your true nature is all that you are and all that you need be. Value yourself by your standards alone. If you fail at something, learn and take responsibility. If you succeed at something, praise yourself for having the courage and diligence to try. Above all, be the lord of your own temple


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## **Pursue a passion**

Everyone is passionate about at least one thing, be it photography, gardening, auto racing, poetry, rock climbing, cooking, collecting Elvis memorabilia, crafting, or whatever. Engaging fully in something is a form of meditation that generates self-love and fulfillment.

These were taken from a book on how to Improve your life. Alice

# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 A.J. Hudson	3 Dorman & Lisa Drake	4	5 Meeting 	6	7
8	9	10	11	12	13	14 Chili Cook Off Ron Ayers for Ronald McDonald House
15	16	17	18	19	20 Betty Hudson	21 Swap Meet H-2
22	23	24	25	26	27	28
29	30	31				