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District Webpage

wwwgwrranc.org

Downeast Goldwings Chapter NC-D

February 2019

Since - 1988

GWRRA Motto:

Friends for Fun, Safety, and Knowledge Chapter NC-D Greenville, N.C. We meet the first Thursday night of each month at: Golden Corral Steak House 504 SW Greenville Blvd. Greenville, N.C. 27858 Phone: 252-756-4412











WE HOPE EACH ONE
OF YOU FIND YOUR
POT OF GOLD AT
THE END OF YOUR
RAINBOW

Gather at: 6:30 Meeting at 7:30 pm We always start our meeting with prayer. Door prizes are a part of our meeting, remember when you bring one make sure it's something that can be used by others

Webpage—wwwdowneastncd.weebly.com



C.D. Chats

This year is moving right along and so are all chapter members. People are out visiting. Getting their cards signed, chasing the plaques and just having some fun. Soon we hope it will be good weather so we will be able to ride our bikes. The weathers hasn't been good for riding but it's not slowing us down.

We went to C-2's Chili cook out off yesterday, everyone was on four wheels. They had a great showing and Tom was sweating like a stuffed pig. Alice and I help with selling chances on the marble game. There were a lot of door prizes and chili no one should have gone away hungry, there also had pop corn.

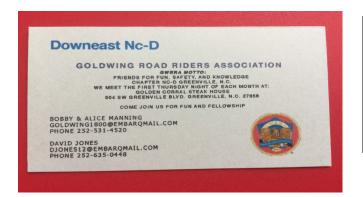
Gerald and Ronnie received the Couples Plaque and they are taking it to New Bern Monday night. Those that attended were: David & Barbara, Gerald & Ronnie, Alice and I, Kevin Barnhill and Mike Tucker stop by for a few minutes.

David is our Ride Coordinator and he is getting up some good rides for us. If you know of somewhere to go let him know. Get your bike out and join us on the rides, our riding group has gotten smaller but it doesn't mean we still can't enjoy them. All chapters are having the same situation, the group is aging. Just remember it takes everyone to make us still alive.

Roy & Cindy have put in a lot of time, hard work and money to make WOS a great rally. We all need to help them make it successful. How you might ask? We need help selling tickets on the goldwing, it's shouldn't be just a few people doing the work it takes everyone. Start collecting door prizes for Wings. Anything you can do to help would be grateful.

We have heard some say they wish we would find another place to have the meeting, well we have looked. No place has a room that would hold us even on a slow night. The Golden Corral is like all restaurant sometimes its good, sometimes it's fine, sometimes it's just not good. I went on line and was reading the reviews of other restaurant in Greenville and they were all about the same. Sometimes people like them and sometimes they don't. So I guess the answer is hang in there and make the best of it.

Ride safe and help someone when you can. -Bobby



Membership Drive

Pass these cards out to individuals with Bikes or Trikes If you see them out and about, or leave them on the bike.

If you put your name on the card we can track who gets the most new members to sign up and at the December meeting you will have \$50.00 extra to spend for Christmas.

These cards are available from Bobby and Alice, Please pick up some next meeting

Integrity is: Doing what you said you would do, when you said you would it, and how you said you would do it

Wings Over The Smokies

It's never to early to start planning, the Flyers are on the Web site now. Go to www.gwrra.org and print one off or you can register on line. I just love the theme this year, I bet there will be a lot of red, white and blue there.

Just for laughs

Last night I dreamed of a beautiful walk on a sandy beach. That explains the footprints I found in the littler box this morning.

I got a really cute dog and decided to call him Threemiles. It sounds great to stay I walk Threemiles twice a day

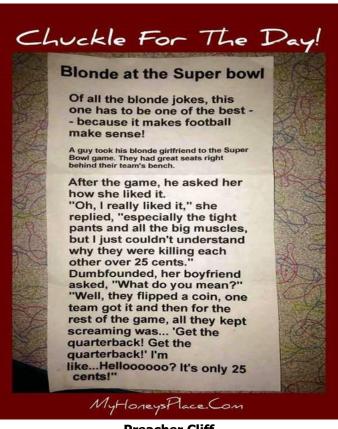
Seen on a tombstone: "I told you I was sick!"

Someone broke into my house and stole my limbo stick. How low can you go?

That guy is so conceited that on his last birthday he congratulated his mother on Facebook

I'd rather spend 10 minutes rearranging the dishwasher to accommodate something than spend 30 second washing it by hand

My boss told me, "Don't dress for the job you have. Dress for the job you want. "When I showed up in Ghostbusters gear, he said I was fired.



Preacher Cliff



Morris the Family Cat of Elwood and Betty Cutler

Bobby's birthday cake made by Betty Hudson:

For years Betty Lou has made me a cake for my birthday so this year she wanted to know which did I want, Coconut or pineapple, I told her 1/2 and 1/2 only she would think of this:



It was 1/2 and 1/2 it even came with a face. It was so cute, but most of all it was so good. I always look forward to my cake each vear.

A 79-year-old retired attorney from Connecticut is having a drink in a bar when a gorgeous girl enters and sits down just a few seats away. The girl is so attractive that he just can't take his eyes off her. After a short while, the girl notices him staring, and approaches him.

Before the man has time to apologize, the girl looks him deep in the eyes and says to him in a sultry tone: "I'll do anything you'd like. Anything you can imagine in your wildest dreams, it doesn't matter how extreme or unusual it is, I want \$100, and there's one other condition."

Completely stunned by the sudden turn of events, the man asks her what her condition is. She said, "You have to tell me what you want me to do in just three words."

The man takes a moment to consider the offer from the beautiful woman. He whips out his wallet and puts \$100 dollars in her hand ---He then looks her square in the eyes, and says slowly and clearly: "Paint my house."

(Our needs change as we get older, and we tend to look for bargains) Gene Donovan



From your Ride Coordinator **March rides**

2nd Williamston Lunch ride To the Cypress Grill—Leave Sam's parking lot at 11:00

16th Swap meet Mebane—Look for time and place to meet on the Facebook page.

First ride to Grandson's in Smithfield had 10 riders and a good day to ride nice weather and rain held off till we were home. Great food and good company. Lets get more involved 2 3 or 4 wheels doesn't matter, if you need a ride give me a call we can make some arrangements. As warmer weather approaches we will venture out farther. If you know of a good place you would like you ride to let me know. David djones12@embargmail.com

A distraught senior citizen phoned her doctor's office. "Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?" "Yes, I'm afraid so," the doctor told her. There was a moment of silence before the senior lady replied, "I'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS'.."

Two guys, one old, one young, are pushing their carts around Wal-Mart when they collide. The old guy says to the young guy, "Sorry about that. I'm looking for my wife, and I guess I wasn't paying attention to where I was going." The young guy says, "That's OK, it's a coincidence. I'm looking for my wife, too... I can't find her and I'm getting a little desperate." The old guy says, "Well, maybe I can help you find her... What does she look like?" The young guy says, "Well, she is 27 yrs. old, tall, with red hair, blue eyes, is buxom...wearing no bra, long legs, and is wearing short shorts. What does your wife look like?' To which the old guy says, "Doesn't matter, --- let's look for yours." Thanks Gene

A little of motorcycle talk:

Make motorcycle riding safety your top priority! Operating a motorcycle takes different skills than driving a car; however, the laws of the road apply to every driver just the same. A combination of consistent education, regard for traffic laws and basic common sense can go a long way in helping reduce the amount of fatalities involved in motorcycle accidents on a yearly basis. It's important to understand some basic motorcycle safety tips to make sure your next ride is a safe one.

Always wear a helmet with a face shield or protective eye wear. Wearing a helmet is the best way to protect against severe head injuries. A motorcycle rider not wearing a helmet is five times more likely to sustain a critical head injury.

Wear appropriate gear. Make sure to wear protective gear and clothing that will minimize the amount of injuries in case of an accident or a skid. Wearing leather clothing, boots with nonskid soles, and gloves can protect your body from severe injuries. Consider attaching reflective tape to your clothing to make it easier for other drivers to see you.

Follow traffic rules. Obey the speed limit; the faster you go the longer it will take you to stop. Be aware of local traffic laws and rules of the road.

Ride Defensively Don't assume that a driver can see you, as nearly two-thirds of all motorcycle accidents are caused by a driver violating a rider's right of way. You should always ride with your headlights on; stay out of a driver's blind spot; signal well in advance of any change in direction; and watch for turning vehicles.

Keep your riding skills honed through education. Complete a formal riding education program, get licensed and take riding courses from time to time to develop riding techniques and to sharpen your street-riding strategies.

Be awake and ride sober. Don't drink and ride, you could cause harm to yourself and others. Additionally, fatigue and drowsiness can impair your ability to react, so make sure that you are well rested when you hit the road.

Preparing To Ride Making sure that your motorcycle is fit for the road is just as important as practicing safe riding. Should something be wrong with your motorcycle, it will be in your best interest to find out prior to hitting the road. To make sure that your motorcycle is in good working order, check the following:

- **Tires:** Check for any cracks or bulges, or signs of wear in the treads (low tire pressure or any defects could cause a blowout)
- **Under the motorcycle**: Look for signs of oil or gas leaks
- **Headlight, taillight and signals**: Test for high and low beams (make sure that all lights are functioning) **Hydraulic and Coolant fluids**: Level should be checked weekly

Once you've mounted the motorcycle, complete the following checks:

- **Clutch and throttle**: Make sure they are working smoothly (throttle should snap back when released)
- Mirrors: Clean and adjust all mirrors to ensure sharpest viewing
- **Brakes**: Test front and rear brakes (each brake should feel firm and hold the motorcycle still when fully applied)
- **Horn**: Test the horn

Motorcycle riding tips from GEICO and AMA

Smithfield Chili Cook Off was a rainy day but it didn't stop Goldwingers coming out. Tom had talked about having door prizes and door prizes they had. They did not do games this year but I don't think it hurt them any. You purchased tickets, for \$10.00 you got 150 tickets, not bad. Then they had special door prizes. Auction, Bobby had build a birdhouse and it done good. There was **FREE** popcorn. Of course, lots of Chili, chili with beans, chili with no beans, chili with hamburger and some with chicken, some was hot and others where mild. Whatever your taste was you could find it there. We helped sell tickets on a marble game and it's always fun to work, we rather work than sat around. We thank Tom for letting us help him out. Looking forward to another fun year in 2020.

I won a slow cooker which I needed a new one



Greetings From Your ACD's & COY

Here we go again on a new adventure. We're still your ACD's and now we're also the 2019-2020 COYs so we're in the learning mode again which seems to get harder with age. Please be patient with us as we learn all the rules and protocol that go with this position. We're going to make a special effort to visit other Chapters and support their various activities and we invite anyone to go with us. This is actually a fun job and we have already met some great couples and look forward to getting to know them better.

We encourage our members to support other Chapters especially when they are having benefits to help others who are in need. We appreciate all the help from other Chapters when we sponsor a benefit for clients at the O'Berry Center and patients and families of

those who need to stay at the Ronald McDonald House. It takes Alice and Bobby a lot of time and work to prepare for these benefits and they cannot put them on by themselves. We need volunteers and hope our members will step up to the plate to make these benefits successful. Remember, it could someday be one of us in need.

Boy! wasn't Thursday night great, there were 32 visitors and 26 members of which many purchased 124 Goldwing tickets. Everyone is so receptive to purchasing our Goldwing tickets and contributing to our 50/50; we are so grateful! It was our first Chapter Meeting as new chapter couples and we were so busy that we split responsibilities with me doing the couples job and Ronnie selling Goldwing tickets. It was a great BUSY

for all of us and we really enjoyed it. Thank you to everyone who contributed! We need to sell these tickets to help support Wings Over The Smokies which we all enjoy and to help pay for the motorcycle that is the big prize. Even if you don't ride anymore, you can sell the bike immediately and bring cash home instead.



Who doesn't know about Vicks VapoRub—but did you know this?

While many medical treatments from the early 1900s have been vehemently debunked, a handful have managed to stand the test of time. At the top of this list is Vicks VapoRub, a topical cough suppressant designed to clear the sinuses and alleviate the symptoms of the common cold. But in addition to this marketed use, Vicks has a handful of other, lesser-known uses that are far more interesting (and no less effective). Here are 10 of the best uses for Vicks VapoRub that just might surprise you.

- 1. Improve Your Skin If you suffer from eczema or acne, one of the top uses for Vicks VapoRub is helping to soothe skin, reduce inflammation, and clear up your complexion.
- 2. Deter Insects We may be fans of Vicks, but insects decidedly are not. Dab a bit on your arms, legs, neck, or other areas of exposed skin to keep bugs (including mosquitoes) at bay.
- 3. Treat an Earache Visiting an ear, nose, and throat doctor is your best bet for clearing up an ear infection, but placing a cotton ball dabbed with Vicks in your ear for several hours can help to reduce the irritating symptoms associated with an earache.
- 4. Point Pets in the Right Direction If you have a cat that's destroying your walls, couch cushions, or any other beloved furniture item, you can get them to stop scratching by spraying the area in guestion with Vicks VapoRub.
- 5. Heal Your Feet Vicks VapoRub is a common home remedy used to alleviate certain foot conditions, including athlete's foot and cracked heels.
- 6. Fade Bruising For minor bruises, one of the best uses for Vicks VapoRub is to lessen swelling and inflammation. Simply add a pinch of salt to the liquid and apply it directly to your bruise to expedite the healing process.
- 7. Treat Cuts and Scrapes While you may not want to add a pinch of salt for this one, Vicks VapoRub can work wonders when it comes to healing minor cuts and scrapes. Apply to clean skin once or twice daily until the affected area is healed.
- 8. Moisturize Skin For especially dry skin, Vicks VapoRub offers a surprisingly effective fix. Apply to cracked, weather-damaged areas to restore your skin to its natural softness and smoothness.
- 9. Alleviate a Headache If you suffer from sinus headaches, one of the best uses for Vicks VapoRub is to simply breathe it the scent. This guick fix can help to clear your head and alleviate cranial pain.
- 10. Ease Muscle Soreness To walk back the negative sensations of an intense workout, apply a bit of Vicks VapoRub to the affected area. This method is especially effective when combined with a hot compress.

Happy Birthday to A.J Hudson on the 2nd of March and Betty Hudson on the 20th of March

Happy Anniversary to Dorman and Lisa Drake on the 3rd of March



9 Interesting St. Patrick's Day Facts

Every March 17, countries around the world celebrate St. Patrick's Day in observance of the death of St. Patrick, the patron saint of <u>Ireland</u> credited for bringing Christianity to the country. Initially a religious feast day in the 17th century, St. Patrick's Day has evolved into a day of celebrating Irish culture with parades, music, dancing, special foods, and of course, a lot of green. In honor of St. Patrick's Day, here are a few interesting St. Patrick's Day facts!

- Saint Patrick didn't wear green. His color was "Saint Patrick's blue." The color green became associated with St. Patrick's Day after it was linked to the Irish independence movement in the late 18th century.
- Despite his Irish notoriety, Saint Patrick was British. He was born to Roman parents in Scotland or Wales in the late fourth century.
- According to Irish legend, Saint Patrick used the shamrock as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.
- Saint Patrick is credited for driving the snakes out of Ireland, but according to the fossil record, Ireland has never been home to snakes as it was too cold to host reptiles during the Ice Age. The surrounding seas have kept snakes out since.
- There isn't any corn in the traditional St. Patrick's Day meal of corned beef and cabbage. The name is a reference to the large grains of salt historically used to cure meats, which were also known as "corns."
- Saint Patrick was born "Maewyn Succat" but changed his name to "Patricius" after becoming a priest. Irish immigrants began observing St. Patrick's Day in <u>Boston</u> in 1737 and the first St. Patrick's Day parade in America was held in New York City in 1766.

In <u>Chicago</u>, the Plumbers Local 110 union dyes the river Kelly green. The dye lasts for around five hours.

• On or around St. Patrick's Day, the Irish Taoiseach, or prime minister, presents the U.S. president with a crystal bowl of live shamrocks as a symbol of the close ties between the two countries.



<u>Pecan pie muffins—Pat Joyner Recipe</u>

1cup chopped pecans, mixed, with 1 tablespoons melted butter

½ cup all-purpose flour - 1 cup firmly packed brown sugar(I use Splenda brown sugar)

2 large eggs, lightly beaten - 8 tablespoons (1 stick) salted butter, melted

Preheat oven to 300*F. Spread the buttered pecans on a baking sheet and toast in the oven for 4-6 min, Remove from oven and let it cool slightly.

Increase the temp. to 350*F line a 6-cup muffin pan with paper liners and spray with cooking

spray.

Combine pecans, flour, and brown sugar in a bowl. Make a well in dry ingredients, add eggs and melted butter and Mix until the dry ingredients are moistened. Spoon the batter in muffin cups. Bake for 20-25 min. or until tops are lightly Browned. Remove from pan immediately and let cool on wire rack. (She had these at the Chili Cook Off)

Jesus' Corner								
Hebrews 3:12-13 NIV 1984 Edition								
See to it, brothers, that none of you has a , unbelieving one another , as long as it is called Today, deceitfulness. We have come to share in Christ we hold firmly	so that none of you may be by sin's							



Alice getting the newsletter award. Oh Boy!!!!!!!it's is exciting



Someone needs to keep an eye on her



David receiving his patches



Good looking group of people If I have to say so myself



James Johnson—It had been a long time since he has been around it was good to see him



I am really happy



Only she could pull these lips off

Sue from Sanford receiving the Eastern Traveler Plaque



Brainiacs and Smartypants

WGDETFIGTWOPOIEGNOPS ABC E EE SGNNNDECNAVDAR FAV N UUMLO GIC IOD SGD IMNE IAPNMXAOL 0 E B R N M G A S X T M O E O E E B N L YE RPLRMCSEGDELWO I GF HEHAXBAMVISUAL I UE T T D HUERRYL INHX T KM ONCEN TE T T R L W I WQOPT EME D I 0 G F S N T EURMOM AKRRZMP Y ${f T}$ I V I TAE NNJE JOYV V G D G WNAHE OMO OXBBVH HE IFUIBCP R O ozF ORGE T F ULEARNASTRRO AWMLC ONF USEDHE I Y WELAEILDAYDREAMXFNY NEURONSBUFOCUSELZ UP HXETATIDEMMWYTHGUOHT

mind logic creativity daydream puzzles emotion nightmare learn neurons knowledge headache meditate wisdom visualize think movement smart cerebellum gifted ideas forgetful hypothalamus reasoning clever scatterbrained cerebral cortex confused witty advanced brain stem intelligence genius concentrate figure focus distraction memory determine thought

To answer the trivia questions, look for words or phrases that are hidden in the puzzle, but not in the word list.

#1: What is the only multicellular animal without a nervous system?

Answer: (one word)

The human brain weighs about 3 pounds (1.4 kg). What animal boasts the largest & heaviest brain, weighing 17 pounds (7.8 kg)?

Your name
tour name

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 A.J. Hudson Chapter Ride
3 Dorman & Lisa Drake	4	5	6	7	8	9
10	11	12	13	14	15	16 Swap Meet in Mebane
17	18	19	20 Betty Hudson	21	22	23
24	25	26	27	28	29	30
31						